| ILXAS 9-4 | District 5 4-H Food Show Recipe Information | | | | | | | |
|-----------|---|----------|--------------------|------|------------|--|--|--|
| FOOD | CONTESTANT NAME: | | | | | | | |
| SHOW | CATEGORY | Breads & | Fruits & | Main | Nutritious | | | |
| | Please check one | Cereal | Vegetables | Dish | Snack | | | |
| | COUNTY | | | | | | | |
| | AGE DIVISION: Junior | | Intermediate Senio | | nior | | | |
| Name o | of Recipe: | | | | | | | |
| Prep Ti | Prep Time: Cook Time: | | | | | | | |

Type Recipe Here:

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