



# Texas 4-H

DUDS TO  
DAZZLE



Clothing & Textile  
Competition



# Acknowledgements

The Duds to Dazzle contest guide was written and developed by:

Charlene Belew, Extension Program Specialist, 4-H Youth Development, D6  
Angela McCorkle, Extension Program Specialist, Family and Community  
Health

With the assistance of:

Amber Halfmann, former Glasscock County Intern  
Darlene Locke, Assistant Professor and Extension 4-H Youth  
Development Specialist

The contest committee consists of the following county Extension agents:

D1 – Amy Wagner, CEA-FCS, Randall  
D2 – Kathy Carr, CEA-FCS, Bailey  
D3 – Maranda Revell, CEA-4-H, Young  
D4 – Phyllis Griffin, CEA-4-H, Cooke  
D5 – Emily Rice Janowski, CEA-FCS, Polk  
D5 – Alyssa Puckett, CEA-4-H, Polk  
D6 – Jacquelyn Warnock, CEA-FCS, Ector  
D7 – Sandy Taylor, CEA-FCS, Runnels  
D8 – Micah Holcombe, CEA-FCS, Milam  
D9 – Dianne Gertson, CEA-FCS, Fort Bend  
D10 – Angela Fiedler, CEA-FCS, Kerr  
D11 – Kayla Kaspar, CEA-4-H, Fayette  
D12 – Dru Benavides, CEA-FCS, Atascosa

Support of the Duds to Dazzle pilot provided by:

Believe in Your Creativity  
**JANOME**  
<http://www.janome.com/>

**SewVacDirect**  
real people • real answers • since 1980

<http://www.sewvacdirect.com/index.php>



# Texas 4-H Duds to Dazzle Clothing & Textile Competition

In the Texas 4-H Youth Development Program, 4-H members participate in the 4-H Clothing & Textile project to become knowledgeable in a multitude of concentrated skills including, but not limited to, design, construction and consumer buying. The Texas 4-H Duds to Dazzle qualifying competition has taken another step in expanding the learning experience by “going green” through the introduction of eco-fashion.

## OBJECTIVES

- Allow participants to exhibit knowledge and skills gained through their 4-H Clothing & Textiles project by designing, constructing, and presenting a finished product.
- Allow participants learning opportunities.
- Promote teamwork.
- Help 4-H'ers gain experience in public speaking.
- Provide leadership opportunities for young people.
- Assist youth in gaining an appreciation for recycling textiles so that they do not end up in the waste stream.



## PARTICIPANT RULES (COUNTY/DISTRICT LEVEL)

**Note:** *These rules may be modified to accommodate the needs of a county/district level contest. Therefore, be sure to obtain the current year's rules for your county/district event.*

1. *Participation.* Participants must be 4-H members currently enrolled in a Texas 4-H and Youth Development county program and actively participating in the Clothing and Textiles project.
2. *Age.* Youth may participate in 4-H year from September 1<sup>st</sup> of grade three through August 31 following completion of grade twelve, with these age restrictions:
  - Minimum age- 8 (in addition to being in the 3rd grade)
  - Maximum age – 18 (as of August 31, 2016)
  
  - Junior Division: Grades 3, 4 and 5
  - Intermediate Division: Grades 6, 7, 8
  - Senior Division: Grades 9,10,11,12
3. *Teams per county.* Each county may enter a maximum of three Junior and/or Intermediate teams, and a maximum of three senior teams (district rule).
4. *Members per team.* Each team will have at least three and no more than five members. Junior/Intermediate teams may include members in different age divisions. See rule #2. Senior teams may not include members in different age divisions.
5. *Substitution of team members.* Substitution of team members should be made only if necessary. Only the same number of 4-H members qualifying at the county level will be eligible to participate at the district level. No more than two team members may be substituted, up to the day of the Duds to Dazzle Clothing & Textile Competition.
6. *Entry fee.* Each team may be required to pay a registration fee to cover the cost of materials for the contest.
7. *Design categories.* There will be three categories in each age division: Wearable, Accessory/Jewelry, and Non-wearable. Teams will be randomly assigned to a category, but assignments will not be announced until check-in on the day of the contest.
  - a. Wearable is clothing that is suitable to be worn by people or pets. Ex: shirt, coat, vest, dress, costume, leggings, swimsuit cover, etc.
  - b. Accessory/Jewelry is an article or set of articles that can be added to an outfit to make it more useful, versatile, or attractive. Ex: earrings, purse, headband, apron, hat, belt, necklace, etc.
  - c. Non-wearable is an item that is not suitable to be worn. Ex: pillow, towel, jewelry pouch, cellphone or iPad case, stuffed animal, doll clothes, Christmas stocking, etc.
8. *Attire.* Each team will have the option to wear coordinating clothing appropriate for construction and the team presentation.
9. *Resource materials provided at contest.* Resource materials will be provided for each team at the contest. These include *Unraveling the Mystery of Design Elements and Principles in Clothing, Laundry on Your Own, Hand Stitching, Pricing Tips and Tricks, Safety Guide, Simple Seaming Techniques and Planning and Presentation Worksheet.* No other resource materials will be allowed. Teams may not use their personal copies of the resources during the



contest.

10. *Sewing kit.* Each team must supply their own equipment for the competition. A team can choose not to include a listed item, but no additional item can be added. Kits will be checked by contest officials as teams check in for the contest. Any extra equipment will be confiscated, and the team may be disqualified.
11. *Awards.* County/District awards will be determined by the committee and are based on sponsorships.

12. Suggested contest schedule for one heat.

- 8:00 a.m. Agents, Leaders, and Judges Arrive
- 8:00 a.m. Leader Orientation, Judge Orientation
- 8:00 a.m. Duds to Dazzle Clothing & Textile Competition Teams Check In
- 8:45 a.m. Duds to Dazzle Clothing & Textile Competition Team Orientation
- 9:00 a.m. Duds to Dazzle Clothing & Textile Competition Begins
- 10:15 a.m. Presentations and Judging Begins
- 12:00 p.m. Approximate Time for Awards Program

Suggested contest schedule for two heats.

- 8:00 a.m. Agents, Leaders, and Judges Arrive
- 8:00 a.m. Leader Orientation, Judge Orientation
- 8:00 a.m. Group A Teams Check In
- 8:45 a.m. Group A Team Orientation
- 9:00 a.m. Group A Teams Begin Challenge
- 9:30 a.m. Group B Teams Check In
- 10:15 a.m. Group A Team Presentations/Judging Begins
- 10:15 a.m. Group B Team Orientation
- 10:30 a.m. Group B Teams Begin Challenge
- 11:45 a.m. Group B Team Presentations/Judging Begins
- 2:00 p.m. Approximate Time for Awards Program

13. *Participants with disabilities.* Any competitor who requires auxiliary aids or special accommodations must contact the County/District Extension office at least two weeks before the competition.



## PARTICIPANT RULES (STATE LEVEL)

1. *Participation.* Participants must be 4-H members currently enrolled in a Texas 4-H and Youth Development county program and actively participating in the Clothing & Textile project.
2. *Age.* Age divisions are determined by a participant's age as of August 31 of the current 4-H year. Only members in the senior division, grades 9, 10, 11 & 12, will be allowed to participate at the state level.

Maximum age – 18 (as of August 31, 2016)

3. *Teams per district.* Each district may advance three teams to compete in the state contest (the first place team in each category at the district contest). Teams advancing to state will not automatically be assigned to the same category as they were at district.
4. *Members per team.* Each team will have at least three and a maximum of five members.
5. *Substitution of team members.* See current rules in the Texas 4-H Roundup Rules and Guidelines.
6. *Registration and entry fee.* Each team will be required to register using the standard Texas 4-H Roundup registration process and will pay all registration fees associated with Texas 4-H Roundup.
7. *Design categories.* There will be three categories: Wearable, Accessory/Jewelry, and Non-wearable. Teams will be randomly assigned to a category, but assignments will not be announced until check-in on the day of the contest.
  - a. Wearable is clothing that is suitable to be worn by people or pets. Ex: shirt, coat, vest, dress, costume, leggings, swimsuit cover, etc.
  - b. Accessory/Jewelry is an article or set of articles that can be added to an outfit to make it more useful, versatile, or attractive. Ex: earrings, purse, headband, apron, hat, belt, necklace, etc.
  - c. Non-wearable is an item that is not suitable to be worn. Ex: pillow, towel, jewelry pouch, cellphone or iPad case, stuffed animal, doll clothes, Christmas stocking, etc.
8. *Attire.* Each team will have the option to wear coordinating clothing appropriate for construction and the team presentation.
9. *Resource materials provided at contest.* Resource materials will be provided for each team at the contest. These include *Unraveling the Mystery of Design Elements and Principles in Clothing, Laundry on Your Own, Hand Stitching, Pricing Tips and Tricks, Safety Guide, Simple Seaming Techniques, and Planning and Presentation Worksheet*. No other resource materials will be allowed. Teams may not use their personal copies of the resources during the contest.
10. *Sewing Kit.* Each team must supply their own equipment for the contest. A team can choose not to include a listed item, but no additional item can be added. Sewing kits will be checked by contest officials as teams check in for the contest. Any extra equipment will be confiscated, and the team may be disqualified.
11. *Awards.* State awards will be determined by the committee and are based on sponsorships.



12. *Final Duds to Dazzle Challenge.* At Texas 4-H Roundup, the first place team in each category will compete in a “Final Duds to Dazzle Challenge,” which will be scheduled for the same day as the contest.
13. *Schedule.* The state contest schedule will be provided to contestants prior to the competition, and is set by the state contest committee based upon the number of participants and facilities used.



## Duds to Dazzle Sewing Kit

Each team will bring a sewing kit containing only one each of the following items, unless a different quantity is noted. A team can choose not to include a listed item, but no additional item can be added. A team may organize their kit by utilizing a storage container of choice.

<input type="checkbox"/>	1" foam paint brush (max. of 3)	<input type="checkbox"/>	1" hook and eye closer
<input type="checkbox"/>	3" x 5" or 4" x 6" note cards (1 pkg.)	<input type="checkbox"/>	3-in-1 beading tool
<input type="checkbox"/>	Bobbins	<input type="checkbox"/>	Clear gridded ruler
<input type="checkbox"/>	Cutting mat (no larger than 24" x 36")	<input type="checkbox"/>	E-6000 glue adhesive
<input type="checkbox"/>	Elastic (1/2" and 1", 1 pkg. each)	<input type="checkbox"/>	Extension cord
<input type="checkbox"/>	Fabric markers (box of 10 or less)	<input type="checkbox"/>	Fabric marking pens/pencils (max. of 2)
<input type="checkbox"/>	Filled water bottle (max. of 16 oz.)	<input type="checkbox"/>	First aid kit (optional)
<input type="checkbox"/>	Gallon/quart storage bags (1 box each)	<input type="checkbox"/>	Hand sewing needles (assortment)
<input type="checkbox"/>	Hot glue gun & glue sticks (1 pkg.)	<input type="checkbox"/>	Iron
<input type="checkbox"/>	Manual pencil sharpener	<input type="checkbox"/>	Mod podge (max. of 16 oz.)
<input type="checkbox"/>	No-sew adhesive tape (max. of 10 yds.)	<input type="checkbox"/>	Paper Plates (max.25)
<input type="checkbox"/>	Paper towels (1 roll)	<input type="checkbox"/>	Pencils/pens (max. 5 each)
<input type="checkbox"/>	Pin cushion	<input type="checkbox"/>	Power strip
<input type="checkbox"/>	Presser feet (max. of 5)	<input type="checkbox"/>	Rotary cutter (with blade cover)
<input type="checkbox"/>	Rotary cutter gloves (1 pair)	<input type="checkbox"/>	Safety pins (1 pkg. assortment)
<input type="checkbox"/>	Seam gauge	<input type="checkbox"/>	Seam Ripper (max. 5)
<input type="checkbox"/>	Self-adhesive Velcro fastener (1 pkg.)	<input type="checkbox"/>	Sewing machine (standard, no serger)
<input type="checkbox"/>	Sewing machine manual	<input type="checkbox"/>	Sewing machine needles (variety)
<input type="checkbox"/>	Sew-on Velcro fastener (1 pkg.)	<input type="checkbox"/>	Shears/Scissors (max. of 5)
<input type="checkbox"/>	Sketchbook	<input type="checkbox"/>	Straight Pins (1 package)
<input type="checkbox"/>	Tabletop ironing mat or board	<input type="checkbox"/>	Tape measure (max. 5)
<input type="checkbox"/>	Thimble (max. of 5)	<input type="checkbox"/>	Thread (max. of 12 spools)
<input type="checkbox"/>	Timer or stopwatch	<input type="checkbox"/>	Trash bags (1 box of 13-gal.)





## RULES OF PLAY

1. Teams will report to the designated location for check-in.
2. An orientation will be provided for all participants.
3. Each team will be directed to a construction station. There will be collections of materials at each station, but no pattern. The materials must be used to represent a constructed item from one of the following categories: Wearable, Accessory/Jewelry, or Non-wearable.
4. A textile, resources, and any necessary additional instructions will be located at each station to assist the team.
5. Each team will have 60 minutes to construct an item, plan a presentation, and clean up the construction area.
6. Only participants and contest officials will be allowed in construction areas.
7. Teams that may experience any equipment malfunction(s) may not replace the equipment with supplies from another team, leaders, volunteers, county Extension agents, or contest officials. Instead, team members must work together and be creative in completing construction without the malfunctioning equipment.
8. Construction: Each team will be provided with a startup textile item(s) for their assigned category, and will create a garment/item using them. Each category may be provided the same textile, or each category may receive a separate original item. *Clarification: at contest, all teams competing in Wearable may receive a men's button-down dress shirt; each team competing in Accessory/Jewelry get 5 silk neck ties; and the teams entered in the Non-wearable category are given table runners. Or, every team competing in Duds to Dazzle is provided with an adult-sized t-shirt to refurbish. The choice is at the discretion of the contest officials.*
9. Teams are challenged with being creative in developing an original product with the materials provided.
  - a. Teams must incorporate each material into the product. However, teams may determine the exact amount of each material to use, keeping in mind that a minimum of 50% of the final product must include the initial material(s). *Clarification if the category is Accessory/Jewelry, and the team is provided a cloth shower curtain as the original item to be refurbished, they do not have to use 50% of the shower curtain. If you choose to make a purse from the shower curtain, you do not need to use 50% of the shower curtain; however, a minimum of 50% of the finished purse must be comprised of the curtain.*
  - b. Teams will have access to a "closet" of additional materials that may be incorporated into their products. The number of additional materials a team may get will be determined by contest officials and announced during participant orientation.
  - c. The sketch book, note cards, and the Duds to Dazzle Clothing & Textile Competition Worksheet may be used to prepare for construction of the item and the team's presentation. Teams should be exact on materials utilized, construction steps, techniques used, etc.
10. Presentation: When time is called, each team will present their item, according to the criteria on the score card, to a panel of at least two judges. A team can display the final product to the judges as they choose: model, hold, or place on the table.



- a. All team members must participate in the presentation, with at least three of them having a speaking role.
  - b. Judging time will include:
    - i. 5 minutes for the presentation
    - ii. 3 minutes for judges' questions
    - iii. 4 minutes between team presentations for judges to score and write comments
  - c. Teams are allowed the use of note cards during the presentation but should not read from them, as this minimizes the effectiveness of their communication.
  - d. Judges may ask teams questions that are not directly related to the particular item constructed during the contest. Instead, some questions may address the general knowledge gained through the 4-H members' clothing and textiles project learning experiences.
  - e. No talking or writing is allowed among any team members while waiting to give the team presentation. Team members caught talking and/or writing will receive a warning. The second time, the team will be disqualified and asked to leave the contest facility. Team members should not have pens or pencils in their possession while waiting to give their presentation.
11. Clean-up: Teams must clean up their construction areas. Clean-up time is included in the 60-minute construction allotment. Only "hot" items will be allowed to remain in the construction area, such as an iron or hot glue gun.
  12. It is at the discretion of the contest officials if finished products will remain or if teams may take.
  3. Placing will be based on rankings of teams by judges. Judges' results are final.
  14. An awards program will be held at the conclusion of the judging process.



## DUDS TO DAZZLE CLOTHING & TEXTILE COMPETITION SCORECARD

Team # or Team Name:	County:	Category:	Age Group:	
CRITERIA		Comments	Score	
<b>1. Team Preparation –to be judged during preparation portion of the contest</b>				
<b>Preparation:</b> Team members display a logical process for creating their final product. Tasks are completed efficiently and in a logical order.			(10)	
<b>Safety Precautions:</b> Team members exhibit knowledge of how to use tools in the kit safely in the development of the constructed item.			(10)	
<b>Teamwork:</b> Cooperation, effectiveness, communication of team members, and efficient use of time including cleaning of work space.			(10)	
<b>Use of Materials:</b> 50% of the final product made from the start up item or items provided. Utilization of the sewing closet. Innovative use of materials.			(10)	
<b>Construction:</b> Appropriate technics used during construction. Materials and steps included.			(10)	
<b>2. Team Presentation – to be judged during the presentation portion of the contest move under construction</b>				
<b>Intended Audience:</b> Knowledge of the target audience for final product. Identify where the item would be sold.			(10)	
<b>Pricing:</b> Estimate retail price of the constructed item.			(10)	
<b>Fiber Characteristics and Care:</b> Knowledge of fiber characteristics and general care of the textile used in the constructed item.			(10)	
<b>Overall Appearance:</b> Level of skill performed, techniques harnessed, enhancements made, design principles employed, etc. Product fits assigned category.			(10)	
<b>Presentation Skills:</b> Overall effectiveness of communication skills (voice, poise, articulation), number of members presenting, etc.			(10)	
Additional comments:		Total Score		
		Judges' Initials	<table border="1" style="display: inline-table; border-collapse: collapse;"> <tr> <td style="width: 30px; height: 30px;"></td> <td style="width: 30px; height: 30px;"></td> <td style="width: 30px; height: 30px;"></td> </tr> </table>	



## 4-H DUDS TO DAZZLE CLOTHING & TEXTILE PLANNING & PRESENTATION WORKSHEET

**Project Description (sketch or describe what your finished product will look like):**

**Construction (know the materials used and steps in the construction of the item):**  
Materials:

Steps:



**Knowledge of general care of the textile used in the construction of the item (know what fiber is in the textile and how to clean it):**

Fiber(s):

Care Instructions:

**Safety Precautions (list personal safety precautions taken during the construction of the item):**

**Intended Purchaser and Purchase Location (who is the intended audience, and where they would buy the item):**

Purchaser:

Purchase Location:

**Estimated Sell Price (what would the retail cost be to purchase the item; explain):**

**Team Member Roles (list each team member and their tasks/responsibilities):**

