

Stove Top Baked Cinnamon Apples

4 tart apples
 $\frac{1}{2}$ cup brown sugar
1 teaspoon ground cinnamon
 $\frac{1}{4}$ cup apple juice or water

Wash the apples then quarter them. Take out any of the core. Place them in a medium saucepan and add the remainder of the ingredients.

Simmer on medium-low heat until the apples are fork-tender.

Serve over pancakes, with biscuits or eat as a dessert.

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