

Emerald Fruit Salad

3 medium tart green apples, cubed
2 cups cubed honeydew melon
2 cups halved green grapes
3 kiwifruit, peeled, sliced and quartered

Dressing:

1 cup reduced-fat plain yogurt
3 tablespoons confectioners' sugar
3 tablespoons orange juice ½ teaspoon grated orange peel

In a large bowl combine the fruit. In a small bowl, combine the yogurt, sugar, orange juice and peel. Spoon over the fruit; serve immediately.

Yield 7 servings

Jessi Jordan

Tyler County

Senior