

BANANA SUSHI

Ingredients:

4 slices whole wheat bread, crusts removed
2 bananas, peeled and ends trimmed
½ cup smooth peanut butter

Directions

Lay two slices of bread on the counter next to each other, slightly overlapping one over the other to create one big rectangular piece. Press the slices together at the seam and use a rolling pin to gently flatten them.

Gently spread peanut butter evenly over both of the bread pieces and lay a whole banana in the middle. Carefully roll up the bread around the banana.

Slice each log into six pieces that are 1 to 1½ inches thick. Repeat with the remaining bread slices, peanut butter, and banana and serve.

Yield: 24 servings.

Joey Cooper Anderson County Junior – Nutritious Snacks