

Loaded “Baked Potato” Soup

1 lb cubed baking potatoes (about 2)
1 14.5 oz can fat-free, reduced-sodium chicken broth
1 cup whole milk
3 slices cooked, crumbled, divided bacon
1 cup divided shredded cheddar cheese
1 sliced, divided green onion
¼ cup sour cream

Microwave potatoes in large microwaveable bowl on high for 5 minutes; stirring after 2 ½ minutes. Stir in broth and milk. Microwave on high for 10 minutes; stirring after 5 minutes. Carefully crush potatoes with potato masher.

Reserve 2 tbsp each bacon and cheese and 1 tbsp onion for topping. Stir remaining bacon, cheese and onions into soup.

Serve topped with reserved bacon, cheese, onion and sour cream. May add tossed green salad or whole wheat roll. Yields 4 – 1 cup servings.