

Bite-Size Cheese Balls

3 ounce package softened cream cheese	1 teaspoon honey
1 cup shredded cheddar cheese	1/2 cup chopped pecans
3/4 cup grated carrots	24 pretzel sticks

Combine first 4 ingredients. Cover and chill 1 hour. Shape into 1 inch balls and roll in pecans; cover and chill. To serve, place a pretzel in each ball.

Yield: 2 dozen, 75 calories per cheese ball.

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Panola County

Senior - Nutritious Snack