

Texas AgriLife Extension
The Texas A&M University System
District 5 4-H Food Show Scorecard

Name Davis Robinson County Rusk

Category ☒ Main Dish ☐ Fruits and Vegetables
☐ Bread and Cereals ☐ Nutritious Snacks

☒ Junior
☐ Intermediate
☐ Senior

| Comments | Category | Poor | Fair | Avg | Good | Exc |
|--------------------------|---|------|------|------|------|------|
| | 1. Interview and Presentation (60 points) | | | | | |
| | a. Experiences | 1 | 2 | 3 | 4 | 5 |
| | b. Knowledge gained | 1 | 2 | 3 | 4 | 5 |
| | c. Skills gained | 1 | 2 | 3 | 4 | 5 |
| | d. Preparation principles | 1 | 2 | 3 | 4 | 5 |
| | e. Function of ingredients and substitutions | 1 | 2 | 3 | 4 | 5 |
| | f. Nutrients and functions | 1 | 2 | 3 | 4 | 5 |
| | g. Dietary guidelines and relationship with dish | 1 | 2 | 3 | 4 | 5 |
| | h. Calorie content and menu considerations (nutrient density) | 1 | 2 | 3 | 4 | 5 |
| | i. Food safety concerns | 1 | 2 | 3 | 4 | 5 |
| | j. Dietary/lifestyle choices | 1 | 2 | 3 | 4 | 5 |
| | k. Leadership | 1 | 2 | 3 | 4 | 5 |
| | l. Community service | 1 | 2 | 3 | 4 | 5 |
| | 2. Communication Skills (15 points) | | | | | |
| | a. Voice | 1 | 2 | 3 | 4 | 5 |
| | b. Poise | 1 | 2 | 3 | 4 | 5 |
| | c. Presentation organization | 1 | 2 | 3 | 4 | 5 |
| | 3. Food (5 points) | | | | | |
| | a. Appearance/appeal | 1 | 2 | 3 | 4 | 5 |
| Total Possible Score: 80 | | (16) | (32) | (48) | (64) | (80) |

Score: _____