

Frozen Fruit Cheese Salads

2 cups Cottage Cheese	1 large banana, sliced
1 cup sour cream	$\frac{1}{2}$ cup sliced maraschino cherries
3 tablespoons confectioners' sugar	$\frac{1}{2}$ cup sliced almonds, toasted
1 can (13 $\frac{1}{4}$ oz.) pineapple tidbits (drained)	
1 cup chopped orange sections	
1 cup blueberries	

Creamy Pink Dressing:

2 tablespoons cherry juice
1 cup sour cream

9" square pan

Whip cottage cheese in a large mixing bowl until nearly smooth. Lightly blend in sour cream and sugar; fold in pineapple, orange, blueberries, banana, cherries and almonds. Spread into pan. Cover with plastic wrap or foil. Freeze until firm.

Dressing: Gently fold cherry juice into sour cream; cover and chill. (Yield: 1 cup)

To serve: Allow salad to stand at room temperature at least 1 hour before serving. Cut into squares, place on salad greens. Garnish with stemmed cherries and orange sections, if desired. Serve with dressing.

Reid Lovorn
Wood County
Intermediate