CHECK SHEET FOR RECIPE WRITTEN IN STANDARD FORM
(Also see example recipe following.)

	Yes	No
I. Does Your Recipe Have All of These Parts?		
a. Name of Recipe	_____	_____
b. Complete list of ingredients Size cans, packages, cans, etc. given EX: 10 oz box chopped frozen spinach NOT Spinach, box of spinach or frozen spinach	_____	_____
c. Description for combining all ingredients	_____	_____
II. List of Ingredients		
a. Ingredients are listed in order in which they are used	_____	_____
b. Ingredients listed as they are measured, i.e. the word describing is in the correct place. EX: ¼ cup chopped onion, not ¼ cup onion chopped. EX: 1 green pepper, chopped, not 1 chopped green pepper	_____	_____
c. Measurements given in common fractions i.e. ¼ cup, 2 tablespoons, 1 teaspoon	_____	_____
d. All measurements are spelled out, not abbreviated. EX: cup, teaspoon, tablespoon, size can, etc. (i.e. 4-ounce can)	_____	_____
e. Avoid brand names. Include complete description of ingredients, i.e. low-fat, packed in syrup, reduced fat, etc.	_____	_____
III. Directions		
I have…….		
a. Used clear instructions for every step of combining and cooking the ingredients	_____	_____
b. Used short, clear sentences	_____	_____
c. Used the correct word to describe combining and cooking processes	_____	_____
d. Stated the size of pan	_____	_____
e. Give temperature and cooking time	_____	_____
f. Included the number of serving or how Much the recipe would make	_____	_____

BE SURE TO PUT YOUR NAME, COUNTY AND AGE DIVISION AT THE BOTTOM.

Example Recipe

4-H Shamrock Salad

6 ounce package lime gelatin	**(not just 1 package lime gelatin)**
2 cups boiling water	
1 cup lemon-lime soda	
8-ounce package cream cheese, softened	**(not just 1package/what kind? Low fat, Fat free, etc.)**
½ teaspoon vanilla	
½ teaspoon lime juice	
6-ounce can mandarin oranges, drained	**(always include size)**
8-ounce can pineapple tidbits, drained	
2 cups green grapes, halved, seeded	**(not just grapes also color/kind? Red, concord, green)**
2 cups chopped celery	**(not 2 cups celery chopped – you must chop the celery to measure it, so chopped must be written first)**
½ cup chopped pecan	**(are you measuring the pecans before or after chopping? The way it is written here indicates chopping first)**
8 ounce carton frozen low-fat whipped Topping, thawed	**(indicate low-fat, fat-free, etc.)**
3-ounce package lime gelatin	
1 ½ cups boiling water	

Dissolve the 6-ouce package lime gelatin in 2 cups boiling water. Stir in 1 cup lemon-lime soda. Combine this with cream cheese, vanilla, and lime juice in blender, and process until smooth. Pour blended mixture into bowl. Stir in all fruit, celery and pecans. Fold in three-fourths carton whipped topping. Pour into 13x9x2 inch pan. (Note size of pan is listed) Chill until firm; then cut whole pan into 8 equal sized portions.

To make the 4-H Shamrock gelatin jigglers, dissolve the 3-ounce package lime gelatin in 1 ½ cups boiling water. Pour into shallow pan, 24x16x1 inches. Chill until set. Cookie cut the jiggler gelatin into 4-H Shamrock shapes. Serve salad squares on lettuce-lined plate. Top with 4-H Shamrocks. Garnish with remaining whipped topping. Chill until serving time. May add other garnishes to serving try for color variety. Yield 8 ½ cup servings. (Note number of servings is listed)

NAME: Lily Leprechaun
COUNTY: Rusk
AGE DIVISION: Senior