Texas AgriLife Extension
The Texas A&M University System

District 5 4-H Food Show Scorecard

Name _____ County _____

☐ Junior
☐ Intermediate
☐ Senior

Category ☐ Main Dish ☐ Fruits and Vegetables

☐ Bread and Cereals ☐ Nutritious Snacks

Comments	Category	Poor	Fair	Avg	Good	Exc
	1. Interview and Presentation (60 points)					
	a. Experiences	1	2	3	4	5
	b. Knowledge gained	1	2	3	4	5
	c. Skills gained	1	2	3	4	5
	d. Preparation principles	1	2	3	4	5
	e. Function of ingredients and substitutions	1	2	3	4	5
	f. Nutrients and functions	1	2	3	4	5
	g. Dietary guidelines and relationship with dish	1	2	3	4	5
	h. Calorie content and menu considerations (nutrient density)	1	2	3	4	5
	i. Food safety concerns	1	2	3	4	5
	j. Dietary/lifestyle choices	1	2	3	4	5
	k. Leadership	1	2	3	4	5
	l. Community service	1	2	3	4	5
	2. Communication Skills (15 points)					
	a. Voice	1	2	3	4	5
	b. Poise	1	2	3	4	5
	c. Presentation organization	1	2	3	4	5
	3. Food (5 points)					
	a. Appearance/appeal	1	2	3	4	5
	Total Possible Score: 80	(16)	(32)	(48)	(64)	(80)

Score: _____

Educational programs conducted by Texas AgriLife Extension are open to all people without regard to race, color, sex, disability, religion, age or national origin.
The Texas A & M System, U.S. Department of Agriculture, and the County Courts of Texas Cooperating.